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# TRISH DESEINE: FRENCH KITCHEN

24 x 30'



With the fierce heat of the summer sun a quickly fading memory, Trish Deseine follows her series 'Trish's Mediterranean Kitchen' with a look at the riches of Autumn in this new series 'Trish's Country Kitchen'.

She stays firmly in the south of her adopted country, to bring us more of the food and drink that distinguishes the Provençal region. It is a season for foraging and collecting and it's all there for the taking, chestnuts from the market in Toulon to make a creamy soup, edible flowers gathered from the Provençal woods and fish fresh from the Mediterranean, sardines, swordfish and halibut to slow roast with vanilla back in her country kitchen.



An RTÉ and UKTV FOOD production