

# GOURMET CHINA

1 X 60'



HISTORY

LIFESTYLE



Chinese cuisine has proved a successful export to the rest of the world's dinner tables; its changed the way the modern world eats. And yet it has also played a hugely significant role as cultural 'anchor' to the notion of authentic "Chinese-ness".

Gourmet China explores the way food and cooking in Chinese cuisine has shaped and continues to affect the lives of people who have a distinct and intimate connection with its development and culture. Through historical anecdotes, contemporary stories of Chinese food connoisseurs and glimpses into the daily lives of individuals whose passion for Chinese cuisine is staunch and unwavering, we take a closer look at one of the world's most popular and familiar cuisines.



We travel to the northern province of Qufu, the birthplace of one of the China's greatest gourmets and the Eastern world's greatest philosophical minds, Confucius, and meet with his direct descendant. And from the cozy, intimate family restaurants of Shandong, we move to Beijing, and the grandeur of Imperial Cuisine. Then, the colour and vibrancy of Guangzhou and Hong Kong where, in the words of the Cantonese, they eat "anything with legs except the table, and anything that flies except an airplane."